PRELIMINARY RESULTS FOR 1998

Frontline's Board met for a Board Meeting in Hamilton Bermuda on March 8, 1999. In the meeting the Board of Directors reviewed and approved the Company's preliminary results for 1998.

The Board is pleased to announce the best results ever achieved by the Company. The result is positively influenced by the increase of the fleet with an additional five units, two of which were subject to sale and leaseback arrangements in the fourth quarter of 1998. The fourth quarter produced a net loss due to significantly lower TCE rates than in the previous quarters. In 1998 the competitive cost profile of the Company has been improved, while the overall financing cost has increased as a function of increased borrowing related to the new vessels.

ANNUAL AND FOURTH QUARTER RESULTS

Net income for the year ended December 31, 1998 increased 55% from \$17.4 million in 1997 to \$27.0 million. Earnings per share for the year were \$0.59 (1997 - \$0.48) and the weighted average number of shares outstanding was 46,106,731 (1997 – 36,188,509).

For 1998, earnings before interest, tax, depreciation and amortisation, including earnings from associated companies were \$126.9 million, compared with \$116.8 million for the comparable period. This result reflects the contribution of the expanded fleet and reduced administrative expenses, offset by lower trading results in all sectors in which Frontline operates and a loss on the sale of the two VLCCs to German KGs. The average daily TCEs earned by the VLCCs, Suezmax tankers, and OBO carriers were \$31,800, \$22,400 and \$21,800 compared with \$32,700, \$24,800 and \$25,500 for 1997. The total days technical offhire, including drydockings, were 135 compared with 122 in 1997.

Average daily operating costs have continued to decrease across the fleet in the fourth quarter as further benefits of the cost reduction program are realised. The average daily operating costs of the VLCCs, Suezmax tankers, and OBOs, including dry-docking and insurance costs, were \$7,600, \$6,400 and \$6,700 compared with \$6,700, \$7,500 and \$7,000 for 1997. The reduction for the Suezmaxes and OBOs reflects the successful implementation of new shipmanagement systems. Depreciation has decreased for the year due to the change in the depreciation schedule for the fleet from 20 to 25 years in the fourth quarter of 1997.

If the majority holding position in ICB Shipping AB ("ICB") had been consolidated into Frontline's accounts on an equity accounting basis, it would have increased EBITDA to approximately \$165 million.

Net other expenses for 1998 were \$48.2 million (1997 - \$42.6 million). This increase reflects the increased average level of debt, offset by a dividend received from ICB in the second quarter of 1998.

The Board is disappointed to report a loss of \$5.2 million for the fourth quarter of 1998, compared with a net income of \$9.2 million for the comparable period in 1997. Earnings per share for the quarter were \$(0.11), (1997 - \$0.20). The weighted average number of shares

outstanding for the quarter and at December 31, 1998 was 46,106,860 (as at December 31, 1997 - 46,105,860 and for the quarter then ended -45,608,086).

Earnings before interest, tax, depreciation, and amortisation for the quarter, including earnings from associated companies were \$22.7 million, compared with \$37.6 million for the comparable period. This decline reflects strong TCE earnings across the fleet in the fourth quarter of 1997 compared with the weak results in the comparable 1998 period. The average daily TCEs earned by the VLCCs, Suezmax tankers, and OBO carriers were \$27,100, \$17,800 and \$17,700, respectively, compared with \$42,500, \$26,000 and \$24,600 in the fourth quarter of 1997. The reduction in EBITDA also reflects the loss on the sale of two VLCCs, which were subject to sale and leaseback transactions in December 1998. In addition, the fourth quarter of 1998 suffered due to the drydockings of two vessels, with a total of approximately 29 days offhire. The TCE results from the Suezmaxes are negatively influenced by the positioning for the drydocking.

Net other expenses for the quarter were \$13.9 million (1997 - \$15.1 million). This decrease reflects higher average debt balances, offset by lower interest rates, a reduction in higher margin debt and the effect of interest capitalisation on the newbuildings.

In the second quarter of 1998, Frontline consolidated the results of Independent Tankers Corporation ("ITC") following its acquisition on May 12, 1998. As previously disclosed, Frontline subsequently sold this investment to Hemen Holding Limited ("Hemen"). The acquisition and subsequent sale of ITC are treated as occurring on the same date for accounting purposes and therefore the results of ITC are not consolidated for any period in Frontline's financial statements, as a result of a common control relationship between Frontline and Hemen. This adjustment to previously reported results has had no significant impact on the net income of Frontline.

THE MARKET

The world's consumption of oil for 1998 is estimated to be approximately 74 MBPD, which includes growth of approximately 0.5%. The consumption in Asia was reduced by 2%, mainly through a negative development in Korea and Japan, while Western consumption is still influenced by strong economic growth.

The downward trend in VLCC rates experienced from August 1998 continued in the fourth quarter as the effects of the Asian crisis, an oversupply of available ships in the Arabian Gulf and the negative effects of the OPEC production cut persisted in the market. During 1998 we have seen a continued trend towards more flexibility in VLCC trading. North Sea and West Africa have, in addition to AG, become important cargo areas for VLCCs. This should increase the trading results of VLCCs but may have negative effects for the smaller tanker segments.

A total of 13 VLCCs were delivered in 1998, while 15 have been sold for scrap and two converted for other purposes. It is interesting to observe that scrapping accelerated when the market was weak in the fourth quarter. Ten of the 15 units were scrapped in the fourth quarter, while only three units were delivered. At the end of the year there was a VLCC order book of 87 vessels against a total fleet of 433 vessels.

The negative trend in the Suezmax market also continued into the fourth quarter. A pipeline closure in Nigeria, shutdowns in the North Sea, and interruptions in the Iraqi delivery out from Turkey all had significant negative effects on the Suezmax market. The bulk market remained weak and the Suezmax OBOs have just been trading with oil in the quarter. Two cargoes under the Hadeed contract have been relet to third party tonnage, and generated a modest profit.

A total of 21 Suezmaxes were delivered in 1998, while 15 Suezmaxes have been scrapped in the same period. At the year end there was a Suezmax orderbook of 48 units against a total fleet of 313 vessels. Ten of these vessels on order are dedicated as shuttle tankers and will thereby not compete directly with the existing tonnage.

The fall in newbuilding prices and second hand prices that occurred during the first half of 1998 also remained a feature in the fourth quarter. However, the relative strengthening of the Yen and the Won compared to the US\$, which took place in the fourth quarter, has reduced the yards' ability to further lower the prices.

CORPORATE AND OTHER MATTERS

In July and December 1998, the first two of the five VLCC C-class newbuildings (Front Century and Front Champion, respectively) were delivered. In December 1998, Frontline entered into two sale and leaseback transactions with German KGs under which it has sold these two vessels to two German KGs for a gross price of US\$81.5 million each. Frontline will take the vessels back on charter in an 8+2+1+1 year deal. The deals also include the option for Frontline to buy back the vessels during the period. The cash released from these transactions has been used to strengthen the Company's working capital and its liquidity position.

In January 1999, the next VLCC C-class newbuilding, the Front Chief, was delivered. Frontline has received committed financing for the next VLCC, Front Commander, scheduled to be delivered in April, while the company is considering different financing alternatives offered for the fifth vessel to be delivered in June 1999, the Front Crown.

The Company's investment in ICB has been recorded in Frontline's balance sheet at closing prices at Stockholm Fondbørs on December 31, 1998. ICB has, in their preliminary results for 1998 published February 4, 1999, estimated the value of their shares to be approximately SEK 77 per share. The difference between the real value of the ICB investment and the booked value in Frontline's accounts amounted as of year end to US\$41.8 million.

The debt attached to the ICB position has been reduced to US\$56.5 million in the first quarter of 1999 and will be reduced further in the second quarter of 1999. Frontline will continue to work for a long-term influence in ICB, but currently does not see a short-term solution to the situation. Frontline has continued to increase its ownership in ICB during the fourth quarter of 1998.

The book equity per Frontline share amounts to US\$9.93 per share at year end. It should be noted that a ship by ship valuation of the Frontline fleet would show an undervaluation compared to the booked value of the fleet. However, based on expected cashflows over the remaining life of the

assets, the Board has concluded that it is neither necessary nor appropriate to write down the value of the fleet.

Frontline's major shareholder, Hemen Holding Limited, had outstanding as of December 31, 1998, a specific loan provided to Frontline of US\$89.0 million. This loan is in the process of being converted to two separate long-term financing facilities. Such facilities will substantially strengthen Frontline's long-term financial position without diluting the equity interest.

In order to make our company even more competitive in the future, the Board has in the first quarter of 1999, initiated a new cost cutting program, which will seek to maximise the economic benefits of the increased fleet. The goal for the program is to cut the overall cost structure by between US\$500 and US\$750 per ship per day and to reduce the days of technical offhire.

As described in the third quarter report, the Board is working actively with the purpose of strengthening the Company's liquidity. After completion of the two KG financings the Board is satisfied with the Company's current liquidity position. However, in order to be prepared for a potential decline in the market the Board is evaluating the following alternative ways to increase the liquidity further: refinancing of three existing ships; a flattening of the repayment profile of one of the leading syndicates; different alternative lease financing, as well as different alternative debt instruments.

OUTLOOK

The development in the market in 1999 and 2000 will be determined by the following three factors:

- 1. World economic growth with special focus on the Asian situation;
- 2. Amount of scrapping of old tonnage; and
- 3. Increased AG crude oil production/export as a function of a low oil price.

The Board supports the market consensus that it is highly likely that TCE rates will show a negative development for the latter part of 1999 and 2000 compared to 1998. The main reason for this is the large number of newbuildings being delivered especially within the VLCC segment. However, the Board remains cautiously optimistic about the future. Firm decisions from oil companies like Vela and BP not to accept any ships over 25 years or trading in HBL condition, will accelerate scrapping. Combined with the strong increase of long haul AG – West trades, which has been seen in the last two quarters, there is room for positive surprises.

The development for our tonnage in 1999 has been positive both for VLCCs and Suezmaxes. Based on TCE earnings generated so far in the first quarter of 1999, Frontline expects to be back in a profitable situation for the first quarter of 1999. The results for the remainder of the year will depend on the developments in the three factors described above.

March 8, 1999 The Board of Directors Frontline Ltd.

Hamilton, Bermuda

Questions should be directed to:

Contact: John Fredriksen: Director

+47 23 11 40 00

Tor Olav Trøim: Director

+47 23 11 40 00

Tom Jebsen: CFO Frontline Management AS

+47 23 11 40 00

Further information on Frontline is located at:

http://www.huginonline.com/ http://www.frontline.bm/

Frontline Group Fourth Quarter Report (unaudited)

1997 July-Sept	1998 July-Sept	1997 Oct-Dec	1998 Oct-Dec	Income Statement (US\$ 1000)	1998 Jan-Dec	1997 Jan-Dec
						(audited)
62,698	70,415	80,331	61,852	Freight revenues	270,405	259,695
-12,371	-16,796	-19,661	-16,748	Voyage expenses	-66,545	-62,498
50,327	53,619	60,670	45,104	Net operating revenues	203,860	197,197
0	0	0	-1,736	Gain from sale of vessels	-1,514	0
-11,460	-12,577	-15,503	-14,907	Ship operating expenses	-55,586	-48,076
-6,946	-3,562	-6,778	-4,159	Charterhire expenses	-14,889	-25,734
-2,472	-1,360	-1,919	-2,074	Administrative expenses	-7,757	-11,190
29,449	36,120	36,470	22,228	Operating profit before depreciation	124,113	112,197
-15,128	-14,406	-13,270	-13,950	Depreciation	-51,659	-56,721
14,321	21,714	23,200	8,278	Operating profit after depreciation	72,454	55,476
1,073	329	1,345	1,041	Interest income	2,998	3,126
-10,332	-16,411	-16,477	-15,351	Interest expense	-59,320	-45,945
0	0	0	0	Dividends	5,324	0
1,143	587	1,169	427	Results from associated companies	2,807	4,598
0	2,164	6	398	Other financial items	2,765	183
6,205	8,383	9,243	-5,206	Income before taxes	27,028	17,438
-3	-34	-37	3	Taxes	-30	-43
6,202	8,349	9,206	-5,203	Net profit/loss after tax	26,998	17,395
0.18	0.18	0.20	-0.11	Earnings per Share (US\$)	0.59	0.48
				Income on timecharter basis (US\$ per day per		
				ship)*		
37,300	34,200	42,500	27,100	VLCC	31,800	32,700
23,300	22,200	26,000	17,800	Suezmax	22,400	24,800
27,000	18,600	24,600	17,700	OBO	21,800	25,500

^{*} Basis = Calendar days minus off-hire. Figures after deduction of broker commission

Balance sheet	1998	1997	
(US\$ 1000)	Dec 31	Dec 31	
		(audited)	
Assets			
Short term			
Cash and bank deposits	75,950	86,870	
Marketable securities	110,157	187,231	
Other current assets	30,439	33,602	
Long term			
Newbuildings	75,499	48,474	
Vessel and equipment, net	1,078,956	970,590	
Associated companies	3,837	3,754	
Deferred charges and other assets	4,683	2,603	
Total assets	1,379,521	1,333,124	
Stockholders' equity and liabilities			
Short term			
Short term interest bearing debt	170,551	247,072	
Other current liabilities	27,952	35,757	
Long term			
Long term interest bearing debt	712,470	526,078	
Other long term liabilities	10,867	4,933	
Stockholders' equity	457,681	519,284	
Total stockholders' equity and liabilities	1,379,521	1,333,124	